



## Full Time Care Policies

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In addition to the regular policies for families at Robots and Mud Pies Preschool, here are some policies that will apply to families with children in care for the full day.

### Drop-off and Pick-up Procedures

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If you will be dropping off before 8:55 a.m. and/or picking up after 4:05 p.m., you will need to park your car and come to the front door. If you arrive during carpool time (9:00, 12:00, 1:00 or 4:00), you can use the carpool lane and we will take your child out or put your child into your car. Morning carpool children are dropped off and picked up at the back door. Afternoon carpool children are dropped off and picked up on the driveway at the front sidewalk. If you are unsure of where to drop off or pick up, please ask.

You do not have to use the carpool lanes if you do not want. You can always park on the road and walk to the door. Please do not park in the driveway between 8:40-9:15 a.m., 11:45 a.m.-12:15 p.m., 12:45-1:15 p.m. or 3:45-4:15 pm. This can disrupt the flow for carpool time and can become dangerous with cars trying to drive around parked cars while parents and children are also walking on the driveway. Generally, we prefer that no one parks in the driveway at any time but understand that it can be more convenient and not disruptive before 8:40 a.m. or after 4:15 p.m.

### Breakfast, Snacks and Lunch

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You will need to feed your child breakfast each morning. We will supply a morning snack, an afternoon snack and milk for lunches. You will need to supply the food for your child's lunch. The lunch must consist of the following components: 1 serving of meat/cheese/other protein, 1 serving of bread/rice/other grain, 2 servings of vegetables and/or fruits. You can send more than one type of each component if you wish (ie a cheese stick and sandwich turkey). Please try to avoid sending too much junk food. When given a lunch box with candy, cookies and/or chips, most children eat those first. We will supply milk so there is no need to send juice or other drinks. If your child cannot drink cow's milk, you should send an alternate type of milk.

Your child's name and the date must be on the lunch each day. You can write your child's name permanently on the lunch box and then use masking tape to date it each day. We cannot keep lunches in the refrigerator, so please put an ice pack in the lunch box to keep the foods cool.

### Naps/Rest time

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We will have nap mats available for full day children but we will not require them to sleep. After lunch and before the afternoon children arrive, the full day children will have a quiet play time (puzzles, books, drawing). If they are tired, we will allow them to rest or sleep in the office with supervision.

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