

Sample Snack Menu 1

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------|--------------------------------------|--------------------------------------|-------------------------------------|--------------------------------------|--------------------------------------|
| Week 1 | AM Snack: Graham Crackers and Milk | AM Snack: Cookies and Milk | AM Snack: Apples and Milk | AM Snack: Crackers and Milk | AM Snack: Pretzels and Milk |
| | PM Snack: Apples and Milk | PM Snack: Graham Crackers and Milk | PM Snack: Cookies and Milk | PM Snack: Pretzels and Milk | PM Snack: Crackers and Milk |
| Week 2 | AM Snack: Crackers & Cheese and Milk | AM Snack: Graham Crackers and Milk | AM Snack: Crackers and Milk | AM Snack: Cereal Bar and Milk | AM Snack: Cookies and Milk |
| | PM Snack: Crackers and Milk | PM Snack: Crackers & Cheese and Milk | PM Snack: Graham Crackers and Milk | PM Snack: Cheddar Crackers and Milk | PM Snack: Cheese & Crackers and Milk |
| Week 3 | AM Snack: Oyster Crackers and Milk | AM Snack: Apples and Milk | AM Snack: Cheddar Crackers and Milk | AM Snack: Crackers & Cheese and Milk | AM Snack: Crackers and Milk |
| | PM Snack: Graham Crackers and Milk | PM Snack: Crackers and Milk | PM Snack: Apples and Milk | PM Snack: Cheddar Crackers and Milk | PM Snack: Oyster Crackers and Milk |
| Week 4 | AM Snack: Pretzels and Milk | AM Snack: Animal Crackers and Milk | AM Snack: Bananas and Milk | AM Snack: Graham Crackers and Milk | AM Snack: Cheddar Crackers and Milk |
| | PM Snack: Crackers & Cheese and Milk | PM Snack: Pretzels and Milk | PM Snack: Graham Crackers and Milk | PM Snack: Bananas and Milk | PM Snack: Oyster Crackers and Milk |